



HARVARD
MEDICAL SCHOOL



**UNDER THE DIRECTION OF:
Abraham Morgentaler, MD, FACS**



Testosterone Therapy and Sexual Dysfunction

Demystifying the Hype with Science to Provide Cutting-Edge Treatment for Your Patients

Hyatt Regency Grand Cypress Feb. 16-17, 2024



Comprehensive updates, cases, best practice and strategies to deliver state-of-the-art care:

- The importance of testosterone in male health
- Testosterone therapy in women
- Can testosterone be used in men with prostate cancer?
- Reducing risks, including cardiovascular disease
- Effective and safe interventions to preserve fertility while raising T
- Is it low T or natural aging?
- The who, when and why of testosterone replacement therapy
- Current evidence regarding HRT in women
- Diagnosis and treatment of Peyronie's disease
- Hypoactive sexual desire disorder and other common sexual issues for women
- How to handle adverse effects from treatment
- Non-medical strategies for managing couples with sexual complaints — expert advice from a clinical psychologist and sex therapist
- Evaluation and cutting-edge treatment for ED
- Medical management of transgenderism
- Practical pearls from Dr. Morgentaler

This innovative program has been designed to provide focused continuing medical education in a destination that allows you to learn as well as relax.

REGISTER NOW: HMStestosteroneCourse.com

OFFERED BY
**Beth Israel Deaconess
Medical Center**

Dear friends,

Testosterone therapy has been controversial since it first became available in the 1930s. Today, we know not only that men with testosterone deficiency suffer from a variety of troubling sexual and non-sexual symptoms, but also that there are important health risks associated with untreated testosterone deficiency, including obesity, decreased bone mineral density and increased mortality. We now have level 1 evidence that testosterone therapy provides valuable benefits to men and women, and numerous medical societies have published guidelines endorsing the use of testosterone therapy.

Yet there remains a poor knowledge base among physicians and considerable misunderstanding of testosterone therapy, its benefits and its risks. There is confusion as to who is a candidate, how to make the diagnosis, how to treat and what the actual risks are, including cardiovascular disease and prostate cancer.

I have been researching and publishing on this topic for over 40 years, while gaining extensive clinical experience in my medical practice as the founder of the first comprehensive men's health center in the U.S. My work has helped transform our understanding of the relationship between testosterone and prostate cancer, and it has been gratifying to see the field evolve as ideas once considered "dangerous" have now become mainstream as the implications of that research have been widely accepted.

I am delighted to be able to offer this course, addressing not only testosterone issues but also a number of sexual health problems. These are common issues encountered by healthcare providers treating middle-aged and older men and women every day. The superb faculty and I will provide a comprehensive, evidence-based approach to these issues, combined with pearls from clinical experience, so that you will be able to return to your practice with improved comfort and confidence to effectively help your patients with testosterone deficiency and other sexual concerns.

We hope you will join us February 16-17, 2024, in Orlando, Florida, for a weekend of learning.

Abraham Morgentaler, MD, FACS
Course Director

Course Director



Abraham Morgentaler, MD, FACS

President, Androgen Society
Associate Professor of Urology
Beth Israel Deaconess Medical Center
Harvard Medical School
Founder and Director
Men's Health Boston

Testosterone therapy is one of the most controversial topics in medicine, yet multiple medical societies endorse its use, supported by level 1 evidence showing a variety of health benefits in men and women. This innovative and comprehensive course will focus on testosterone deficiency and its treatment in men and women and will also address several other sexual issues. Studies indicate that nearly 40% of men over the age of 45 have overtly low testosterone levels, yet education in this area is extremely limited. Similarly, there have been few educational opportunities to address sexual dysfunction in men and women. Approximately 40% of men and a similar percentage in women have one sexual dysfunction or another. Indeed, there have been several fascinating therapeutic advances in the treatment of sexual dysfunction in women that have received scant attention in other educational events.

The course is led by men's health pioneer Abraham Morgentaler, MD, FACS, whose research in the field transformed our understanding of the science of testosterone in men. Dr. Morgentaler has assembled an all-star faculty of thought leaders to address the most relevant issues and controversies in testosterone, demystify the topic with science and clinical experience, and provide an evidence-based approach to treatment. We will also cover several sexual health issues impacting men and women that are encountered by healthcare providers in everyday practice. Even though sexual complaints are common, this is often a daunting and mysterious area for most providers. With this challenge in mind, a clinical psychologist and sex therapist will explore non-medical strategies for managing couples with sexual complaints.

Course Faculty



Marianne Brandon, PhD, IF

Clinical Psychologist and Sex Therapist



Kevin Flinn, RN

Clinical Nurse, Men's Health
Beth Israel Deaconess Medical Center



Michael S. Irwig, MD, FACE

Associate Professor of Medicine
Harvard Medical School
Director, Transgender Medicine
Beth Israel Deaconess Medical Center



Mohit Khera, MD, MPH, MBA

Professor of Urology
F. Brantley Scott Chair in Urology
Director, Laboratory for Andrology Research
Medical Director, Executive Health Program
Medical Director, Scott Department of Urology
Baylor College of Medicine



Rachel S. Rubin, MD

Assistant Clinical Professor
Georgetown University
Clinical Instructor
George Washington University



Abdulmaged Traish, PhD, MBA

Professor Emeritus, Urology
Professor Emeritus, Biochemistry
Boston University School of Medicine
Editor-in-Chief
Androgens: Clinical Research and Therapeutics

Accommodations & Travel

A limited number of discounted rooms have been reserved at the Hyatt Regency Grand Cypress (407-239-1234) until January 24, 2024.

Please specify that you are enrolled in this course to receive a reduced room rate of \$305 (single/double). Hotel arrangements can also be made online at: hmstestosteronecourse.com/venue. Please do not purchase nonrefundable airline ticket(s) until you have received an email from our office confirming your paid registration.

Important to Note

- We urge you to make your reservations early!
- Discounted rooms are available on a first-come, first-served basis.
- Discounted room rates are offered three nights before and after the program dates (based on availability).
- The discounted rate is only available until January 24, 2024, or until the block sells out, which typically happens in advance of this date.
- A daily resort fee of \$10 will be charged.



Hyatt Regency Grand Cypress

1 Grand Cypress Blvd.
Orlando, FL 32836
(407) 239-1234

Make your Florida escape an extraordinary one at the Hyatt Regency Grand Cypress. This dazzling Orlando luxury resort offers an escape unlike any other, only minutes from the fun and excitement of Orlando's theme parks. The outstanding array of amenities filling this resort creates an amazing retreat for families and business travelers alike. Take advantage of endless recreation options, from the popular 800,000-gallon pool with caves and water slides to tennis, sailing and bike trails; unwind at the Marilyn Monroe Spas; or play a round of golf at the world-class Jack Nicklaus-designed 18-hole course. At the Hyatt Regency Grand Cypress, great food is never far away, with seven dining options on the property. Whether you choose to explore or relax poolside, the Hyatt Regency Grand Cypress has something for everyone in sunny Florida.

Who Should Attend

This special program provides cutting-edge education for:

- Endocrinologists
- Urologists
- Family practice providers
- Primary care providers
- Geriatricians
- Gynecologists
- Psychiatrists
- Psychologists
- NPs and nurses
- PAs
- Other clinicians who treat low testosterone and male and female sexual health issues

REGISTER NOW: HMStestosteroneCourse.com

Program

Friday, February 16, 2024

7:15am – 8:00am	<i>Registration and Breakfast</i>
8:00am – 8:15am	Introduction and Welcome Morgentaler
8:15am – 8:25am	What's in a Name? Understanding the Terminology Morgentaler
8:25am – 8:55am	History of Testosterone Therapy: Where We Have Been and Where We Are Going Traish
8:55am – 9:20am	The Importance of Testosterone in Men's Health Morgentaler
9:20am – 9:40am	Is It Low T or Natural Aging: Physiology and Pathophysiology of Testosterone Deficiency Traish
9:40am – 10:00am	<i>Refreshment Break</i>
10:00am – 10:30am	Impact of Testosterone Deficiency: Health Consequences* Traish
10:30am – 10:50am	Navigating a Sea of Guidelines: What You Need to Know Khera
10:50am – 11:30am	Who Is a Candidate? The Marriage of Guidelines and Clinical Experience for Testosterone Therapy Morgentaler
11:30am – 12:10pm	How to Treat: Injections, Topicals, Pellets, Orals, Nasal Morgentaler
12:10pm – 1:10pm	<i>Lunch Break</i>
1:10pm – 1:40pm	Prostate Cancer and BPH Risks: What's the Truth?* Morgentaler
1:40pm – 2:10pm	The TRAVERSE Trial and Cardiovascular Risks* Khera
2:10pm – 2:50pm	Practical Tips on Testosterone Therapy: An RN's Perspective Flinn
2:50pm – 3:10pm	<i>Refreshment Break</i>
3:10pm – 3:30pm	Other Risks and Their Management: A Case-Based Interactive Session* Morgentaler
3:30pm – 3:50pm	Managing Testosterone Deficiency in Men Wishing to Preserve Fertility: Effective and Safe Interventions* Khera
3:50pm – 4:30pm	Management of Complex Clinical Cases: A Case-Based Session Morgentaler
4:30pm – 5:00pm	Question-and-Answer Session Panel

*Qualifies for Risk Management Credits

Program Highlights

- The importance of testosterone in male health
- Testosterone therapy in women
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- Reducing risks, including cardiovascular disease
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Saturday, February 17, 2024

7:30am – 8:00am	<i>Breakfast</i>
8:00am – 8:30am	How to Evaluate and Treat Men with Erectile Dysfunction: Pills, Injections, Surgery and More Khera
8:30am – 8:50am	New and Cutting-Edge Treatments for ED: Low-Intensity Shock Wave Therapy and PRP Khera
8:50am – 9:10am	Premature and Delayed Ejaculation: Recommendations for Optimal Care Khera
9:10am – 9:30am	Practical Tricks of the Trade in Treating ED and Other Male Sexual Issues: An RN's Perspective Flinn
9:30am – 9:50am	<i>Refreshment Break</i>
9:50am – 10:10am	Optimal Management of Peyronie's Disease Khera
10:10am – 10:35am	How to Treat Trans Men in 2024* Irwig
10:35am – 10:50am	How to Treat Trans Women in 2024* Irwig
10:50am – 11:30am	Bringing It All Together: Questions and Discussion* Panel
11:30am – 12:00pm	Keynote: Testosterone, Science and Human Dignity Morgentaler
12:00pm – 1:00pm	<i>Lunch Break</i>
1:00pm – 1:20pm	Beyond the Bedroom: Sociosexual Trends in the U.S. Brandon
1:20pm – 1:40pm	History of Testosterone Therapy in Women Traish
1:40pm – 2:20pm	Diagnosis and Treatment of Testosterone Deficiency in Women Rubin
2:20pm – 2:40pm	<i>Refreshment Break</i>
2:40pm – 3:10pm	Hypoactive Sexual Desire Disorder Rubin
3:10pm – 3:35pm	Non-medical Treatments of Male and Female Sexual Dysfunction Brandon
3:35pm – 4:05pm	Other Female Sexual Dysfunctions Rubin
4:05pm – 4:15pm	<i>Stretch</i>
4:15pm – 4:45pm	The X-Factor: Partner Dynamics and Its Effect on Treatment Brandon
4:45pm – 5:15pm	Questions-and-Answer Session Panel

Learning Objectives

At the end of the course, you will be able to:

- Recognize how to identify individuals with testosterone deficiency
- Identify risks and benefits of testosterone therapy
- Discuss the advantages and disadvantages of each of the treatment options for management of male and female sexual dysfunctions

Disclosure Policy

In accord with the disclosure policy of the Medical School as well as standards set forth by the Accreditation Council for Continuing Medical Education (ACCME), course planners, speakers and content reviewers have been asked to disclose any relationships they have to companies whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients. In addition, faculty have been asked to list any off-label uses of pharmaceuticals and/or devices for investigational or non-FDA-approved purposes that they plan to discuss.

Disclaimer

CME activities accredited by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgement before making clinical decisions of any kind. Note: *AMA PRA Category 1 Credit™* is calculated based on submission of a preliminary agenda and may be subject to change. Program changes may be made without notice.

Registration Information

This is an exclusive offering with limited seating. Early registration is highly recommended.

Tuition Fees

Testosterone Therapy and Sexual Dysfunction	Register on or before Jan. 5, 2024 (save \$100)	Register after Jan. 5, 2024
General Tuition	\$1,045	\$1,145

Fees are shown in USD. Your tuition includes a hot breakfast, refreshment breaks, lunch and complimentary Internet access. All attendees will receive an electronic version of the course materials.

Registration, Payment, Confirmation and Refund Policy

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website at HMS testosteroneCourse.com.

At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration. Credit card payments are accepted (Visa, MasterCard or American Express). Postal, telephone, fax and cash-payment registrations are not accepted. All fees are shown in USD.

Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently.

Your email address is used for critical information, including registration confirmation, evaluation and certificate. **Please do not make non-refundable travel plans until you have received an email from our office confirming your paid registration.** Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks before the course. "No shows" are subject to the full course fee and no refunds will be issued once the course has started.

Questions?

By phone: 617-384-8600 Monday-Friday, 9:00am to 4:00pm (ET).

By email: CEPrograms@hms.harvard.edu.

General Information

Accreditation

In support of improving patient care, Harvard Medical School is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians

The Harvard Medical School designates this live activity for a maximum of 52.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Risk Management

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 2.50 credits of Risk Management Study. Please check with your individual state licensing board before claiming risk management credit(s).

ABIM Maintenance of Certification

Successful completion of this CME activity enables the participant to earn up to 14.50 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABIM MOC points.

Canadian Accreditation

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

European Accreditation

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits™* to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs® can be found at: www.eaccme.eu.

Nurse Practitioners

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. Learners should check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for relicensure.

Physician Assistants

The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification. Learners should check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for relicensure.



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Department of Continuing Education
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Boston, MA 02117-0825

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