



HARVARD
MEDICAL SCHOOL

Beth Israel Deaconess
Medical Center



UNDER THE DIRECTION OF:
Abraham Morgentaler, MD



Testosterone Therapy and Sexual Dysfunction

Demystifying the Hype with Science to Provide Cutting-Edge Treatment for Your Patients

JW Marriott Orlando, Grande Lakes Feb. 17-18, 2023



Comprehensive updates, cases, best practice and strategies to deliver state-of-the-art care:

- The importance of testosterone in male health
- Testosterone therapy in women
- Can testosterone be used in men with prostate cancer?
- Reducing risks, including cardiovascular disease
- Effective and safe interventions to preserve fertility while raising T
- Is it low T or natural aging?
- The who, when and why of testosterone replacement therapy
- Current evidence regarding HRT in women
- Diagnosis and treatment of Peyronie's disease
- Hypoactive sexual desire disorder and other common sexual issues for women
- How to handle adverse effects from treatment
- Non-medical strategies for managing couples with sexual complaints – expert advice from a clinical psychologist and sex therapist
- Practical pearls from Dr. Morgentaler

This innovative program has been designed to provide focused continuing medical education in a destination that allows you to learn as well as relax.

REGISTER NOW: HMStestosteroneCourse.com

Dear friends,

Testosterone therapy has been controversial since it first became available in the 1930s. Today, we know not only that men with testosterone deficiency suffer from a variety of troubling sexual and non-sexual symptoms, but also that there are important health risks associated with untreated testosterone deficiency, including obesity, decreased bone mineral density and increased mortality. We now have level 1 evidence that testosterone therapy provides valuable benefits to men and women, and numerous medical societies have published guidelines endorsing the use of testosterone therapy.

Yet there remains a poor knowledge base among physicians and considerable misunderstanding of testosterone therapy, its benefits and its risks. There is confusion as to who is a candidate, how to make the diagnosis, how to treat and what are the actual risks, including cardiovascular disease and prostate cancer.

I have been researching and publishing on this topic for over 40 years, while gaining extensive clinical experience in my medical practice as the founder of the first comprehensive men's health center in the US. My work has helped transform our understanding of the relationship between testosterone and prostate cancer, and it has been gratifying to see the field evolve as ideas once considered "dangerous" have now become mainstream as the implications of that research have been widely accepted.

I am delighted to be able to offer this course, addressing not only testosterone issues but also a number of sexual health problems. These are common issues encountered by healthcare providers treating middle-aged and older men and women every day. The superb faculty and I will provide a comprehensive, evidence-based approach to these issues, combined with pearls from clinical experience, so that you will be able to return to your practice with improved comfort and confidence to effectively help your patients with testosterone deficiency and other sexual concerns.

We hope you will join us, February 17-18, 2023, in Orlando, Florida, for a weekend of learning.

Abraham Morgentaler, MD, FACS
Course Director

Course Director



Abraham Morgentaler, MD, FACS

President, Androgen Society
Associate Professor of Urology
Beth Israel Deaconess Medical Center
Harvard Medical School
Founder and Director
Men's Health Boston

Reasons to Attend

Testosterone therapy is one of the most controversial topics in medicine, yet multiple medical societies endorse its use, supported by level 1 evidence showing a variety of health benefits in men and women. This innovative and comprehensive course will focus on testosterone deficiency and its treatment in men and women and will also address several other sexual issues. Studies indicate that nearly 40% of men over the age of 45 have overtly low testosterone levels, yet education in this area is extremely limited. Similarly, there have been few educational opportunities to address sexual dysfunction in men and women. Approximately 40% of men and a similar percentage in women have one sexual dysfunction or another. Indeed, there have been several fascinating therapeutic advances in the treatment of sexual dysfunction in women that have received scant attention in other educational events.

The course is led by men's health pioneer Abraham Morgentaler, MD, whose research in the field transformed our understanding of the science of testosterone in men. Dr. Morgentaler has assembled an all-star faculty of thought leaders to address the most relevant issues and controversies in testosterone, demystify the topic with science and clinical experience, and provide an evidence-based approach to treatment. We will also cover several sexual health issues impacting men and women that are encountered by healthcare providers in everyday practice. Even though sexual complaints are common, this is often a daunting and mysterious area for most providers. With this challenge in mind, a clinical psychologist and sex therapist will explore non-medical strategies for managing couples with sexual complaints.

Course Faculty



Marianne Brandon, PhD, IF

Clinical Psychologist and Sex Therapist



Mohit Khera, MD, MPH, MBA

Professor of Urology
F. Brantley Scott Chair in Urology
Director, Laboratory for Andrology Research
Medical Director, Executive Health Program
Medical Director, Scott Department of Urology
Baylor College of Medicine



Rachel S. Rubin, MD

Assistant Clinical Professor
Georgetown University
Clinical Instructor
George Washington University



Abdulmaged Traish, PhD, MBA

Professor Emeritus, Urology
Professor Emeritus, Biochemistry
Boston University School of Medicine
Editor-in-Chief
Androgens: Clinical Research and Therapeutics

Accommodations & Travel

A limited number of discounted rooms have been reserved at the JW Marriott Orlando, Grande Lakes (407-206-2300) until January 25, 2023.

Please specify that you are enrolled in this course to receive a reduced room rate of \$279 (single/double). Hotel arrangements can also be made online at: hmstestosteronecourse.com/venue. Please do not purchase nonrefundable airline ticket(s) until you have received an email from our office confirming your paid registration.

Important to Note

- We urge you to make your reservations early!
- Discounted rooms are available on a first-come, first-served basis.
- Discounted room rates are offered three nights before and after the program dates (based on availability).
- The discounted rate is only available until January 25, 2023, or until the block sells out, which typically happens in advance of this date.
- A daily resort fee of \$30 will be charged.



JW Marriott Orlando, Grande Lakes

4040 Central Florida Parkway
Orlando, FL
407-206-2300

Make your Florida escape an extraordinary one at JW Marriott Orlando, Grande Lakes. Towering above its 500-acre setting of lush, tropical landscape, this dazzling Orlando luxury resort offers an escape unlike any other, only minutes from the fun and excitement of Orlando's theme parks. Take advantage of endless recreation options, from the popular lazy river and bike trails to AquaCourse 360; unwind at the opulent spa; or play a round of golf at the world-class Greg Norman-designed 18-hole course. At Grande Lakes, great food is never far away, with 11 dining options on the property. Whether you choose to explore or relax poolside, the JW Marriott has something for everyone in sunny Florida.

Who Should Attend

This special program provides cutting-edge education for:

- Endocrinologists
- Urologists
- Family practice providers
- Primary care providers
- Geriatricians
- Gynecologists
- Psychiatrists
- Psychologists
- NPs
- PAs
- Other clinicians who treat low testosterone and male and female sexual health issues

REGISTER NOW: HMStestosteroneCourse.com

Friday, February 17, 2023

7:00am – 8:00am	<i>Registration and Breakfast</i>
8:00am – 8:15am	Introduction and Welcome Morgentaler
8:15am – 8:35am	The Importance of Testosterone in Men's Health Morgentaler
8:35am – 8:55am	History of Testosterone Therapy: Where We Have Been and Where We Are Going Traish
8:55am – 9:25am	What's in a Name? Understanding the Terminology Morgentaler
9:25am – 9:40am	Is it Low T or Natural Aging: Physiology and Pathophysiology of Testosterone Deficiency Traish
9:40am – 10:00am	<i>Refreshment Break</i>
10:00am – 10:45am	Impact of Testosterone Deficiency: Health Consequences Traish
10:45am – 11:15am	Navigating a Sea of Guidelines: What You Need to Know Khera
11:15am – 12:00pm	Who is a Candidate? The Marriage of Guidelines and Clinical Experience for Testosterone Therapy Morgentaler
12:00pm – 1:00pm	<i>Lunch Break</i>
1:00pm – 1:45pm	How to Treat: Injections, Topicals, Pellets, Orals, Nasal Morgentaler
1:45pm – 2:25pm	Prostate Cancer and BPH Risks: What's the Truth?* Morgentaler
2:25pm – 2:45pm	<i>Refreshment Break</i>
2:45pm – 3:15pm	Addressing Cardiovascular Disease Risks* Traish
3:15pm – 3:30pm	Other Risks and Their Management: Case-Based Interactive Session* Morgentaler
3:30pm – 3:45pm	<i>Refreshment Break</i>
3:45pm – 4:15pm	Managing Testosterone Deficiency in Men Wishing to Preserve Fertility: Effective and Safe Interventions* Khera
4:15pm – 5:00pm	Management of Complex Clinical Cases: A Case-Based Session Morgentaler, Khera

*Qualifies for Risk Management Credits

Program Highlights

- The importance of testosterone in male health
- Testosterone therapy in women
- Can testosterone be used in men with prostate cancer?
- Reducing risks, including cardiovascular disease
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Saturday, February 18, 2023

7:00am – 8:00am

Breakfast

8:00am – 8:40am

How to Evaluate and Treat Men with Erectile Dysfunction: Pills, Injections, Surgery, and More | Khera

8:40am – 9:00am

New and Cutting-Edge Treatments for ED: Low-Intensity Shock Wave Therapy and PRP | Khera

9:00am – 9:15am

Refreshment Break

9:15am – 9:45am

Keynote: Testosterone, Science and Human Dignity | Morgentaler

9:45am – 10:15am

Evaluation and Management of Peyronie's Disease | Khera

10:15am – 10:45am

Premature and Delayed Ejaculation: Recommendations for Optimal Care | Khera

10:45am – 10:55am

Stretch

10:55am – 11:25am

History of Testosterone Therapy in Women | Traish

11:25am – 11:55am

Bringing It All Together: Questions and Discussion | Panel

11:55am – 12:55pm

Lunch Break

12:55pm – 1:25pm

How to Diagnose Testosterone Deficiency in Women | Rubin

1:25pm – 2:10pm

How to Treat Women with Testosterone | Rubin

2:10pm – 2:30pm

Refreshment Break

2:30pm – 3:00pm

Why Treatment Fails: What Your Patient Isn't Telling You* | Brandon

3:00pm – 3:30pm

Non-medical Treatment of Low Libido in Men and Women | Brandon

3:30pm – 3:45pm

Refreshment Break

3:45pm – 4:15pm

Hypoactive Sexual Desire Disorder | Rubin

4:15pm – 4:45pm

Other Female Sexual Dysfunctions | Rubin

4:45pm – 5:15pm

The Future of Sex: Technology's Increasing Impact on Intimacy | Brandon

5:15pm – 5:45pm

Questions and Discussion | Panel

Learning Objectives

At the end of the course, you will be able to:

- Recognize how to identify individuals with testosterone deficiency
- Identify risks and benefits of testosterone therapy
- Discuss the advantages and disadvantages of each of the treatment options for management of male and female sexual dysfunctions

Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Accreditation Criteria and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Disclaimer

CME activities accredited by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.

REGISTER NOW: [HMStestosteroneCourse.com](https://www.harvard.edu/hmstestosteronecourse.com)

Registration Information

This is an exclusive offering with limited seating. Early registration is highly recommended.

Tuition Fees

Testosterone Therapy and Sexual Dysfunction	Register on or before Jan. 6, 2023 (save \$100)	Register after Jan. 6, 2023
General Tuition	\$895	\$995
Students/Residents/Fellows	\$695	\$795

Fees are shown in USD. Your tuition includes a hot breakfast, refreshment breaks, lunch and complimentary Internet access. All attendees will receive an electronic version of the course materials.

Registration, Payment, Confirmation and Refund Policy

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website at HMStestosteroneCourse.com.

At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration. Credit card payments are accepted (Visa, MasterCard or American Express). Postal, telephone, fax and cash-payment registrations are not accepted. All fees are shown in USD.

Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently. Your email

address is used for critical information, including registration confirmation, evaluation and certificate. **Please do not make non-refundable travel plans until you have received an email from our office confirming your paid registration.** Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks before the course. "No shows" are subject to the full course fee and no refunds will be issued once the course has started.

Questions?

By phone: 617-384-8600 Monday-Friday, 9:00am to 4:00pm (ET).

By email: CEPrograms@hms.harvard.edu.

General Information

Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 14.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Risk Management

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 2.50 credits of Risk Management Study. Please check with your individual state licensing board before claiming risk management credit(s).

ABIM Maintenance of Certification

Successful completion of this CME activity enables the participant to earn up to 14.50 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABIM MOC points.

Canadian Accreditation

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

European Accreditation

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits™* to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs® can be found at: www.eaccme.eu.

Nurse Practitioners

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. Learners should check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for relicensure.

Physician Assistants

The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification. Learners should check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for relicensure.



Department of Continuing Education
PO Box 825
Boston, MA 02117-0825

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